DUCK LIVER PÂTÉ

Serves 8

INGREDIENTS:

- 1. 450g Ducko duck livers
- 2. 200g Butter
- 3. 50ml Double cream
- 4. 1 Tablespoon brandy
- 5. Sea salt (to taste)
- 6. Freshly ground black pepper (to taste)



METHOD

- 1. Heat a heavy-based frying pan over a medium heat.
- 2. Melt the butter.
- 3. Pour a little of the melted butter into the hot pan and add half of the Ducko duck livers.
- 4. Cook this for 3 to 5 minutes until cooked all the way through.
- 5. Transfer the cooked livers to a plate and repeat step 4 with the rest of the livers.
- 6. Pour the brandy into the frying pan and bring to the boil (be careful that it does not light up!).
- 7. Transfer the livers to a food processor and blend them until smooth.
- 8. Add the brandy, remaining melted butter, and the double cream and blend again.
- 9. Season with salt and freshly ground black pepper to taste.
- 10. Transfer the pâté to serving dishes and garnish with fresh herbs.
- *To make it just that extra special add small chopped apple pieces, or roughly chopped nuts.
- **When kept in the fridge, pâté will stay fresh for up to 4 days.

